



Place	Name	Nr.	Club								Res.	
1	SANTOS Antonio	602	ETE	94	94	97	93	94	95	567	(18x)	
2	SANTOS Licinio	10972	AN1M	93	96	94	97	91	96	567	(12x)	
3	FRANCO Hugo	1779	ADRCB	93	96	95	98	93	92	567	(9x)	
4	COSTA Joao	498	AN1M	95	94	92	98	90	97	566	(15x)	
5	TREPADO Nelson	3276	CAPPSP	91	95	93	93	97	91	560	(11x)	
6	SILVA Luis	3590	CMBcp	94	92	94	94	92	93	559	(7x)	
7	NEVES Filipe	787	ETE	89	94	91	95	94	94	557	(12x)	
8	SOUSA Jorge	537	AN1M	88	95	93	94	92	95	557	(7x)	
9	SILVA Francisco	881	GNR	88	94	96	92	92	94	556	(9x)	
10	COSTA Jose	11945	GNR	92	93	92	92	96	90	555	(11x)	
11	MADUREIRA Rui	6463	APT	92	86	95	92	95	93	553	(14x)	
12	OLIVEIRA Helder	1157	ST2	92	95	89	89	92	93	550	(14x)	
13	TAVEIRA Joaquim	8760	AN1M	93	91	88	95	87	90	544	(9x)	
14	CARVALHO Antonio	567	SCP	90	91	87	92	92	91	543	(7x)	
15	BRAGA Joao	3268	SCP	87	88	88	95	96	89	543	(3x)	
16	SOARES Goji	9598	TAP	94	91	92	88	90	87	542	(9x)	
17	FERREIRA Pedro	779	ST2	90	88	90	91	94	88	541	(4x)	
18	MARTINS Luis	10928	CAPPSP	92	90	88	90	89	89	538	(7x)	
19	HILARIO Joao	9796	CDA	87	88	91	93	89	89	537	(8x)	
20	WISEU Nuno	10165	ETE	90	89	89	88	93	86	535	(5x)	
21	COELHO Jose	3932	EDP	85	86	88	92	91	92	534	(2x)	
22	MIRANDA Mario	1567	CPTPP	83	85	88	96	88	92	532	(7x)	
23	FERREIRA Pedro	10875	ETE	91	88	88	87	92	86	532	(4x)	
24	RATO Rui	11483	CFM	91	90	82	88	92	89	532	(3x)	
25	MONTEIRO Jose	4317	AN1M	90	91	89	86	89	84	529	(4x)	
26	LAMY Ricardo	658	ST2	85	92	86	89	90	87	529	(3x)	
27	LAMY Joao	659	ST2	86	91	86	88	89	88	528	(6x)	
28	TREPADO Andre	3946	CAPPSP	88	88	91	89	88	83	527	(9x)	
29	CRUZ Eduardo	11482	CFM	80	86	88	89	90	93	526	(6x)	
30	CHITAS Luis	278	ST2	91	89	86	89	85	86	526	(6x)	
31	MATEUS Pedro	9073	CPTPP	81	91	84	93	87	90	526	(5x)	
32	SILVA Jose	3555	ST2	92	84	85	92	82	89	524	(6x)	
33	BARATA Rui	10535	SCP	88	87	86	82	90	86	519	(5x)	
34	DELGADO Rui	320	GCP	82	93	89	83	85	85	517	(6x)	
35	BRITES Marco	11382	SCP	83	83	83	82	79	74	484	(3x)	

Camp. Regional Centro P10m - 03Nov12
HS2



Place	Name	Nr.	Club								Res.	
1	ANTUNES Rui	10772	ST2	87	85	85	91	92	90	530	(7x)	
2	CUNHA Tiago	10370	ST2	90	85	79	87	92	83	516	(5x)	
3	CORREA Marcelo	10885	ST2	80	87	80	87	89	91	514	(1x)	
4	CAPITAO Jorge	6445	CMBcp	76	88	85	86	87	88	510	(8x)	
5	FELIX Herder	12204	CAPPSP	85	84	86	86	84	78	503	(7x)	
6	SILVA Rui	11170	ADRCB	89	74	88	81	86	83	501	(7x)	
7	LOURENCO Pedro	12222	SCP	87	82	84	80	85	82	500	(3x)	
8	VENTURA Luis	7503	CMBcp	79	84	82	81	85	85	496	(4x)	
9	DAVID Ricardo	11860	SCP	78	84	81	82	84	86	495	(3x)	
10	ALVES Pedro	11158	ST2	86	82	81	75	84	84	492	(1x)	
11	EVANGELISTA Ricardo	11822	ST2	72	86	84	83	78	86	489	(4x)	
12	SILVA Manuel	1660	CAPPSP	83	67	84	92	85	73	484	(4x)	
13	HENRIQUES Jose	1945	CPTPP	71	85	83	75	72	78	464	(5x)	
14	MACHADO Octavio	11709	TAP	66	55	70	59	46	58	354	(1x)	



Place	Name	Nr.	Club								Res.	
1	PEGO Jose	154	CAPPSP	92	92	91	94	94	94	94	557	(10x)
2	CAMARGO Naurides	7427	GCP	91	90	95	93	92	90	90	551	(8x)
3	DURAES Antonio	362	CAPPSP	86	92	90	92	92	90	90	542	(6x)
4	ANTUNES Antonio	10	ST2	89	92	88	91	91	89	89	540	(5x)
5	ROBALO Jose	358	CDA	94	90	87	86	91	91	91	539	(6x)
6	PEREIRA Carlos	2090	CAPPSP	88	89	87	91	93	89	89	537	(11x)
7	VEREDAS Manuel	153	CAPPSP	93	84	86	92	92	84	84	531	(4x)
8	REPOLHO Joao	62	ST2	92	88	80	90	88	84	84	522	(8x)
9	PINTO Joao	1089	ST2	84	80	86	86	93	87	87	516	(3x)
10	CARVALHO Hercilio	7613	ST2	88	80	89	80	90	88	88	515	(3x)
11	BASCH Peter	3349	ST2	87	84	84	87	83	85	85	510	(5x)
12	PENA Jose	16	SCP	83	87	84	87	79	87	87	507	(2x)
13	FERREIRA Jose	784	ST2	88	83	82	82	82	84	84	501	(4x)
14	SANTOS Paulo	7446	CMBcp	71	75	88	80	84	83	83	481	(2x)
15	SANTOS Vitor	968	ST2	81	86	85	66	76	82	82	476	(3x)
16	PIMENTA Jose	4031	ST2	75	78	77	76	75	75	75	456	(2x)
17	MENDES Mario	12	ST2	69	71	69	71	78	85	85	443	(1x)
18	COSTA Mario	1506	ST2	63	70	75	69	74	65	65	416	(1x)
19	CAEIRO Manuel	11077	ST2	69	65	74	75	68	60	60	411	(2x)
20	ISIDRO Oscar	8856	ADCRPJ	55	54	69	80	70	82	82	410	(1x)
21	DOMINGUES Pedro	1345	TAP	69	69	61	68	69	72	72	408	(1x)
22	CAVACO Jose	723	CMBcp	68	70	71	60	54	80	80	403	(2x)

Camp. Regional Centro P10m - 03Nov12

HJB



Place	Name	Nr.	Club								Res.	
1	NORA Diogo	11359	CAPPSP	85	83	92	89	90	80	519	(5x)	
2	ANTUNES Francisco	13053	ST2	78	82	89	86	85	88	508	(2x)	

Camp. Regional Centro P10m - 03Nov12

HJA



Place	Name	Nr.	Club							Res.	
1	SARAIVA Jose	11456	SCP	85	81	73	90	79	82	490	(4x)
2	BARBOSA Andre	11800	SCP	82	82	78	82	79	86	489	(4x)
3	CAETANO Joao	11634	GCF	70	79	72	76	75	76	448	(2x)

Camp. Regional Centro P10m - 03Nov12

Homens Extra



Place	Name	Nr.	Club								Res.	
1	MARRACHO Jose	1671	CPA	91	95	97	96	94	95	568	(16x)	
2	AMORIM Eurico	7079	STP	93	88	92	90	91	92	546	(5x)	
3	COELHO Diogo	11037	SREF	80	90	94	88	91	91	534	(4x)	
4	RODRIGUES Rui	11668	AF	88	88	83	90	92	89	530	(3x)	
5	COELHO Oscar	12150	SREF	92	82	86	87	87	82	516	(5x)	
6	MARQUES Antonio	76	CTF	69	74	78	80	86	73	460	(3x)	
7	PICADO Paulo	11306	GDRUR	71	68	64	24	0	0	227	(1x)	



Place	Name	Nr.	Club					Res.	
1	CASTELAO Joana	3609	CAPPSP	95	95	96	96	382	(9x)
2	TREPADO Ligia	721	CAPPSP	94	91	92	91	368	(6x)
3	NORA Alda	1097	CAPPSP	88	83	85	90	346	(3x)
4	MENDES Celia	5346	CAPPSP	83	85	90	81	339	(3x)
5	PINTO Teresa	10133	CAPPSP	84	88	80	79	331	(2x)
6	COSTA Paula	11552	ADCRPJ	79	87	87	77	330	(3x)
7	REBELO Paula	10358	ST2	85	78	80	87	330	(2x)
8	FIGUEIREDO Raquel	10537	CPTPP	75	81	86	85	327	(1x)
9	SOUSA Carla	11195	CDA	86	81	84	75	326	(2x)
10	PAULO Agamene	11918	GDRUR	81	81	79	83	324	(6x)
11	GARCIA Carla	10054	CDA	77	87	76	71	311	(2x)
12	BESSA Ana	7401	ST2	75	70	77	79	301	(2x)
13	SILVA Ana	13058	ST2	66	73	76	70	285	(1x)
14	LOPES Ana	12223	CAPPSP	62	51	71	70	254	(0x)
15	PEREIRA Rute	11196	CDA	65	70	45	61	241	(0x)



Place	Team	Result	
1	CDA	637	(4x)
	SOUSA Carla	326	
	GARCIA Carla	311	
	SILVA Carla	0	



Place	Name	Nr.	Club					Res.	
1	JOGLAR Isabel	1100	ST2		86	89	88	86	349 (5x)
2	BASCH Barbel	3348	ST2		74	80	86	85	325 (2x)
3	PINTO Liseta	4532	ST2		68	74	64	67	273 (2x)



Place	Name	Nr.	Club					Res.	
1	SARAIVA Maria	11455	SCP	89	87	86	87	349	(5x)
2	COUTO Margarida	10632	CAPPSP	86	85	86	90	347	(1x)
3	PAULA Alexandra	11454	SCP	86	88	87	84	345	(2x)

Camp. Regional Centro P10m - 03Nov12

SJA



Place	Name	Nr.	Club					Res.	
1	SERAFIM Mafalda	11799	SCP	81	79	75	82	317	(2x)
2	DUARTE Ana	12017	CPTPP	66	74	58	56	254	(2x)